

Dr Dean Whybrow

Hello, my name is Dr Dean Whybrow. I am a clinical nurse specialist in psychological therapies and a university lecturer. This means that, as well as an NMC registered mental health nurse, I am also a BABCP accredited cognitive behavioural psychotherapist and an EMDR Europe accredited practitioner.

Before becoming a university lecturer, I served a full career in the Royal Navy where I performed a wide range of roles in an occupationally focused mental health service. I have a PhD in Organisational Health and Wellbeing and am actively engaged in research.

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