

Dr Clare Smith is an EMDR therapist in independent practice, and associate lecturer at the University of Worcester.

In her former role as an associate specialist child and adolescent psychiatrist, she developed and led a specialist multidisciplinary team which considered the impact of attachment and traumatic/adverse experiences on children and young people who had diagnosed neurodevelopmental differences, but whose highly complex presentations were indicative of additional unassessed or unmet needs.

In her EMDR therapy practice she works with a neurodiverse, all age population and has a particular interest in the interplay between dissociation, including complex dissociative disorders, and autism.