

Frank Hofmann: Psychotherapist for adults and children. Education: Master (Diploma) of Psychology 1977. Therapeutic education in Behaviour Therapy (CBT), Family Therapy (Institut für Familientherapie, Weinheim, Satir Approach), Hypnotherapy (Milton Erickson Gesellschaft, Germany), EMDR practitioner for adults and Children (EMDR: Traumaforum Berlin Dagmar Eckers). EMDR EU approved Consultant, trainer in training. 40 years of experience in working with families; in parallel 30 years in private practice with adults and children; with traumatized clients more than 20 years. Supervision CBT > 20 years. Lectureship Ostfalia University of Applied Sciences. Chairman TraumaAid Germany as successor of Ute Sodemann since August 2020.

Development of special treatment concepts (especially for children and adolescents) for refugees and traumatized people in Northern Iraq and Ukraine on behalf of TraumaAid Germany: Trauma Psycho Social Support Plus (TPSS+®).

In the frame of TraumaAid Europe for TraumaAid Germany: TPSS+® Seminars in Kurdistan / Iraq, Ukraine, Lebanon. One series contains three seminars (15 days) and six days of supervision.

Development of a booklet and programs against sexual abuse in South East Asia: Thailand, Cambodia, Myanmar, Nepal.

#### Publications:

DE:

Ötting, D., Göres, H.-G., Hofmann, F. (1996): Das Projekt Kooperation von Erziehungsberatungsstellen und Kindertagesstätten. In: Menne, K., Cremer, H. und Hundsalz, A. (Hrsg.): Jahrbuch für Erziehungsberatung Bd. 2; S. 99 – 115. Juventa Verlag Weinheim München 1996.

Hofmann, F.: Kurzzeittherapie: Die Arbeit mit Kontrakten und deren optische Aufbereitung – Ein Beitrag zur Verfestigung von Erfolgen und zur Erhöhung der Compliance. In: Verhaltenstherapie mit Kindern und Jugendlichen, 4. Jahrgang 2008, Heft 2; S. 111 – 121. DGVT-Verlag Tübingen 2008.

EN:

Hofmann, F., Gohl, M., Hase, M., & Hase, A. (2021). Trauma Psycho Social Support Plus® and EMDR therapy for children and adolescents in a post-conflict setting: Mental health training in Kurdistan. Torture Journal, 31(1), 76–87. <https://doi.org/10.7146/torture.v31i1.123492>

Link: <https://www.traumaaid.de/>

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